

平谷区 2019—2020 学年度第一学期教学质量监控试卷

高一 英语

2020.1

注意事项

1. 本试卷共 12 页,包括五部分,满分 150 分。答卷时间 120 分钟。
2. 在答题卡上准确填写学校名称、班级、姓名和考号。
3. 试题答案一律填涂或书写在答题卡上,在试卷上作答无效。
4. 在答题卡上,选择题用 2B 铅笔作答,其他试题用黑色字迹签字笔作答。
5. 考试结束,请将答题卡交回。

第一部分 听力理解(共三节,20 小题;每小题 1.5 分,共 30 分)

第一节(共 5 小题;每小题 1.5 分,共 7.5 分)

听下面 5 段对话。每段对话后有一道小题,从题中所给的 A、B、C 三个选项中选出最佳选项。听完每段对话后,你将有 10 秒钟的时间来回答有关小题和阅读下一小题。每段对话你将听一遍。

例: What is the man going to read?

- A. A newspaper. B. A magazine. C. A book.

答案是 A.

1. How much will the man pay for the parcel?

- A. 4 dollars. B. 4.15 dollars. C. 4.50 dollars.

2. What is the woman going to do?

- A. Give Jenny a gift.
B. Send Jenny a thank-you card.
C. Mail Jenny a greeting letter.

3. Why can't the woman go to the party?

- A. Because she has got an appointment.
B. Because she doesn't want to.
C. Because she has to work.

4. What does the man usually do on Sunday afternoon?

- A. Goes to church. B. Works in the garden. C. Reads the newspaper.

5. What color tie will the man probably buy?

- A. Blue. B. Red. C. Green.

第二节(共10小题;每题1.5分,共15分)

听下面4段对话或独白。每段对话或独白后有几道小题,从每题所给的A、B、C三个选项选出最佳选项。听每段对话或独白前,你将有5秒钟的时间阅读每小题。听完后,每小题将给出5秒钟的作答时间。每段对话或独白你将听两遍。

听第6段材料,回答第6至7题。

6. What will the man do?

A. Take care of Sally.

B. Ask for some help.

C. Go to a performance.

7. What's the possible relationship between the speakers?

A. Teacher and parent.

B. Husband and wife.

C. Doctor and patient.

听第7段材料,回答第8至9题。

8. What's wrong with the woman's bike?

A. Something wrong with one of the wheels.

B. Something wrong with the chain.

C. Something wrong with the brake.

9. What does the man advise the woman to do?

A. To buy a new bike.

B. To have the bike repaired at once.

C. To buy a new wheel.

听第8段材料,回答第10至12题。

10. What is the woman going to do?

A. Attend a party in downtown.

B. Go to the seaside town.

C. Go on a business trip.

11. When does the woman plan to leave?

A. On Friday afternoon.

B. On Saturday morning.

C. On Saturday evening.

12. Why is the woman going to take a sweater?

A. It is a little windy at the beach.

B. It is really cold at the seaside hotel.

C. In case it is cold at night at the seaside.

听第9段材料,回答第13至15题。

13. Who is the woman talking to?

A. Her doctor.

B. Her father.

C. Her teacher.

14. What is the woman's real problem?

☒ A. She can't go to sleep.

☒ B. She's got a terrible headache.

C. She is worried too much about her exams.

15. What is the doctor's advice?

A. Getting more exercise.

B. Going to bed earlier.

C. Taking some medicine.

第三节(共5小题;每小题1.5分,共7.5分)

听下面一段独白,完成第16至20五道小题,每小题仅填写一个词。听独白前,你将有20秒钟的时间阅读试题,听完后你将有90秒钟的作答时间。这段独白你将听两遍。

Spring Festival	
Time	<ul style="list-style-type: none">The <u>16</u> day of the lunar year is regarded as the New Year of the Chinese—the Spring Festival.
Preparation	<ul style="list-style-type: none">Every family <u>17</u> their houses in the hope of getting rid of <u>18</u> luck and diseases.Also, they paste spring festival couplets and hang lanterns in the <u>19</u> of attracting good luck in the New Year.
On New Year's Eve	<ul style="list-style-type: none">Every family enjoys a grand <u>20</u>, shoots off firecrackers and stays up late or all night.

第二部分 知识运用(共两节,30小题;每小题1.5分,共45分)

第一节 语法填空(共10小题;每小题1.5分,共15分)

阅读下列短文,根据短文内容填空。在未给提示词的空白处仅填写1个适当的单词,在给出提示词的空白处用括号内所给词的正确形式填空。

A

My husband was looking 21 our two little nieces. They started crying when my husband cooked lunch. He ran into the room and 22 (see) a small scorpion(蝎子), so my husband picked it up. The older girl said, "Girls can't deal with it." My husband told her, "You never have to be afraid of something only because you're a girl. You are as smart and strong as any boy." He held the scorpion's tail with his 23 (finger). The girl asked to hold it. So my husband put it on her hands while he held the tail. She was so proud of 24 (her) that she talked about it until she went to sleep.

B

Yoga makes you feel 25 (relax) and you feel all “at one” with your body. Smith Farm is now offering people the chance 26 (do) their daily yoga with goats. In fact, the goats don't actually take part in the yoga. They are more for moral support (精神支持), preventing you from getting bored. “It is a wonderful experience,” says Smith, “It may sound silly but it's truly getting outside in nature with beautiful scenery and lovely animals around you. Animals can 27 (real) help humans deal with stress, illness or sadness.”

C

It is easy and very powerful to be kind to those who are kind to you. Yet, to experience the full power of your sincere kindness, offer it to people 28 are careless and rude to you. Sure, it is difficult to forgive those who are hurtful to you. But the way to stop the hurt is by refusing to participate in it. Forgiveness gives you the upper hand. Be the one who is strong, who 29 (stop) the rudeness. Put the power of kindness 30 forgiveness to work for you and your world.

第二节 完形填空(共 20 小题;每小题 1.5 分,共 30 分)

阅读下面短文,掌握其大意,从每题所给的 A、B、C、D 四个选项中,选出最佳选项,并在答题卡上将该项涂黑。

Happiness always lies in giving help to others. And Steven Smith has just set us a good 31.

Donald Austin is a teacher. He had a 32 accident several months ago. And he had to 33 three months in hospital. He also had part of his left 34 cut off.

Now he was able to go back home. Donald thought he could go 35 the steps to the front door of his home using walking sticks. But he wasn't as 36 as he had hoped. And the wheelchair was too 37. His wife, Jennifer Austin, couldn't lift it up the steps, even with his mother's help. Donald 38 at last. And the family all felt very 39. They were out of strength and almost lost 40.

Just then, a car 41 their eyes. It had driven past but was slowly 42 back. The stranger, Steven Smith, 43 and asked if he could help. The family watched Smith help Donald inside the house and place him 44 on the sofa. But Smith knew there was still more to do.

He thought Donald might have to 45 those steps many times in the future. So the next day, Smith came to Donald's house again. He asked if he could 46 a ramp (斜坡) in front of the house. With some other helping hands, Smith 47 built a ramp over the steps. And now the wheelchair can go up and down easily. The kind act brought the family to 48.

“This stranger has 49 the day for us twice within 24 hours,” Jennifer 50 on Facebook. “He brought us hope and made our day more beautiful.”

- | | | | |
|--|--|---|--|
| 31. A. courage | B. example | <input checked="" type="checkbox"/> D. record | D. rule |
| 32. <input checked="" type="checkbox"/> A. serious | B. strange | C. clear | D. strict |
| 33. A. take | B. cost | <input checked="" type="checkbox"/> C. spend | D. get |
| 34. A. arm | B. stomach | C. heart | <input checked="" type="checkbox"/> D. leg |
| 35. <input checked="" type="checkbox"/> A. down | B. off | C. out | <input checked="" type="checkbox"/> D. up |
| 36. A. strong | B. clever | <input checked="" type="checkbox"/> C. weak | D. thick |
| 37. A. small | <input checked="" type="checkbox"/> B. heavy | C. full | D. cheap |
| 38. A. stood up | B. went away | <input checked="" type="checkbox"/> C. gave up | D. worked out |
| 39. A. sad | <input checked="" type="checkbox"/> B. delighted | C. annoyed | D. excited |
| 40. A. mind | <input checked="" type="checkbox"/> B. hope | C. face | D. weight |
| 41. A. kept | B. threw | C. held | <input checked="" type="checkbox"/> D. caught |
| 42. <input checked="" type="checkbox"/> A. walking | B. offering | C. turning | D. calling |
| 43. A. stopped | B. left | C. removed | <input checked="" type="checkbox"/> D. arrived |
| 44. A. rapidly | B. silently | C. suddenly | <input checked="" type="checkbox"/> D. carefully |
| 45. A. jump | <input checked="" type="checkbox"/> B. climb | C. enter | D. run |
| 46. A. build | B. achieve | <input checked="" type="checkbox"/> C. complete | D. search |
| 47. <input checked="" type="checkbox"/> A. slowly | <input checked="" type="checkbox"/> B. hardly | <input checked="" type="checkbox"/> C. easily | D. successfully |
| 48. A. success | <input checked="" type="checkbox"/> B. surprise | C. tears | D. anger |
| 49. A. received | <input checked="" type="checkbox"/> B. saved | C. contributed | D. started |
| 50. A. talked | B. spoke | <input checked="" type="checkbox"/> C. wrote | D. remembered |

第三部分 阅读理解(共两节,20 小题;每小题 2 分,共 40 分)

第一节(共 15 小题;每小题 2 分,共 30 分)

阅读下列短文,从每题所给的 A、B、C、D 四个选项中,选出最佳选项,并在答题卡上将该项涂黑。

A

For some of us, the excitement of seeing a performance at a European opera house is just not enough. Fortunately, opera houses throughout Europe open their backstage doors to the public. Take advantage of these opportunities to look behind the scenes of some of the world's great opera houses.

Teatro alla Scala Opera House Tours—Milan

Discover the activities within the opera house on a backstage tour of the La Scala theater in Milan. The tour also includes an overview of the history of the theater and guides you through the auditorium(观众席) and the theater boxes.

Paris Opera House Tours——Paris

While it is possible to walk around the public areas of the beautiful Paris Opera House on your own, guided tours are also offered and are led by an English-speaking guide. During the 90-minute tour, you will learn about the theater's history and its architecture. You will also have an opportunity to visit the grand staircase.

Royal Opera House Tours——London

It is one of the most comprehensive of the opera house tours in Europe. The guide at the Royal Opera House takes you through sections of the backstage area to the props (道具) room, where workers build the sets, the costume shop and the ballet studios. There's a chance that you will even catch the ballet dancers backstage in practice in their big ballet studio.

La Fenice Opera House Tours——Venice

Teatro La Fenice in Venice offers a couple of options for visitors. A self-guided tour of the beautiful halls and grounds with a voice guide is available at the box office. Guided tours are also available with an expert that will explain the history of the opera house from its origins to its rebuilding.

51. In which opera house might you be able to see a costume shop backstage?
- A. The Teatro alla Scala Opera House ☒ B. The Paris Opera House
- C. The Royal Opera House D. The La Fenice Opera House
52. What do the above four opera houses have in common?
- A. They all offer free guided tours.
- ☒ B. They all open their backstage areas to the public.
- C. They are all free to the public.
- D. They are all located in France.
53. Where can we most probably find this text?
- A. In a sports magazine B. In an adventure novel
- C. In a history book ☒ D. On a culture website

B

Living life to its fullest

1 On the night of August 24, 2001, everything changed when my friend's car hit a wall with me inside.

2 I lost most of my right leg, and I was left bleeding with several broken bones.

3 At the hospital, although my body was weak, my mind was still very clear.

4 I just kept telling myself to hold on. A week later, I made a deal with the doctors that once I could roll onto my side, I could leave.

5 Two weeks later, I was allowed to go home.

Although I left the hospital, the fight was far from over. My left knee was badly injured, which resulted in different operations over the next few years.

And soon, more of my right leg had to be removed. This made it harder to wear my false leg, so I donated it to a nurse who couldn't afford one for herself. The joy of being able to provide this gift for someone else was greater than the happiness I felt on any day I was able to wear it myself.

People often tell me they're proud of me for staying strong. But in my mind, staying strong has always been my only choice.

So, on the day I left the hospital, I made a promise to myself to always live life to the fullest.

Now, I may not be able to do things the way everybody else does them, but still, I always find a way to do them.

I soon settled into everyday life again, until one day I realized I wasn't living my life as fully as I wanted to.

12 After 13 years of thinking that I was confident, I had an unfamiliar feeling sweep over me. For the first time in my life, I was not only confident but I wanted to help those around me.

13 In 2014, I even started modeling.

14 My dream is that one day a little girl will see me in a magazine and say, "Wow, she's beautiful, and she only has one leg. I could do that too someday, even though I have a disability." My dream is simple: to inspire every man, woman, and child into knowing and believing that they are beautiful just the way they are.

54. How did the author feel after the car accident?

- A. She complained that life was unfair to her.
- B. She was unable to accept the loss of her leg.
- ☒ C. She kept a positive attitude toward life.
- D. She felt lucky that she was still alive.

55. Why did the author feel happy in Paragraph 7?

- A. She was able to offer help to others.
- ☒ B. She could wear her false leg again.
- C. She had lived her life to the fullest.
- D. She could do everyday things the same as everybody else.

56. Why did the author begin modeling in 2014?

- A. She wanted to be a famous magazine star.
- ☒ B. She wanted to encourage others to be confident about themselves.
- C. She wanted to challenge herself to be a speaker.
- D. She wanted to prove that disabled people could also succeed.

57. What was the author's main purpose in writing the article?

- A. To stress the importance of having a dream.
- B. To show how difficult the life is for disabled people.
- ☒ C. To inspire others by sharing her past experiences.
- D. To give advice to disabled people on how to make a living.

C

A few weeks ago, I sat with a California farmer named Dave Ribeiro. I asked him what he wished to know about farmers. He smiled and said, "That we walk among you. We look like you and talk like you. We have advanced degrees and hobbies, just like you."

Take Dave for example: He's a young man with a music degree. And if you walked past him on the street, you'd never think, "There goes a farmer."

Is someone like Dave who you picture when you think of a farmer? Probably not. I think that most people would picture a man in his overalls(工作服). I can tell you, that does not represent Dave or any of the many other farmers I have gotten to know.

Not only do we have to throw out our previous impression of farmers, but farming as a whole doesn't look much like it used to either. We recently sent a team out to see what modern farming looks like, and they found farmers to be completely different from our usual ideas about them and also came across them in some unexpected places.

In a parking lot in a neighborhood of Brooklyn, they met a new crop of young farmers who were trying to bring fresh greens closer to eaters in the city by growing them in high-tech indoor vertical(垂直的) farms. In a Florida field under the flight path of an airport, they discovered farmers with university degrees growing plants that might someday fuel our cars. And in a modern farm in California, they observed how farmers were using technology to take the best possible care of their animals.

These farmers all spend their days in very different ways—none of them looks like the previous farmer we have in our mind—but they're all working on new ways to feed our planet. Not only do we need to change our idea of what farming looks like, but we also need to change our view of where solutions can come from. Feeding all of us is going to take all of us working together.

58. How does Dave describe today's farmers?

- ☒ A. They often walk on the street.
- B. They are leading a very busy life.
- C. They are similar to ordinary people.
- D. They have little time to make friends.

59. How does the author think most people see farmers?

- ☒ A. They usually wear overalls.
- B. They have interesting hobbies.
- C. They are skilled at growing crops.
- D. They know modern farming practices.

60. What was the purpose of the team?
- A. To deepen connections among farmers.
 - B. To study different technologies in farming.
 - C. To find the new developments of modern farming.
 - ☒ D. To encourage farmers to use new farming method.
61. What do the farmers mentioned in Paragraph 5 have in common?
- A. They all work in the city.
 - ☒ B. They all use high technology.
 - C. They all do hard physical work.
 - D. They all work with universities.

D

Enjoy the challenge of a new term

The new term is finally here, which means, of course, it's time to return to school.

For many students across China, that also means having to leave home for the next several months and move into a school dormitory.

Being away from our family for a long time, however, often leads to homesickness, a feeling that most students have experienced at some point.

A study by the UK's National Union of Students found that up to 70 percent of UK students living away from home experience homesickness within their first few weeks of being away.

But homesickness isn't just a feeling of sadness that happens in our mind; it can also affect us physically.

"You feel homesickness in your stomach—it's an unease in which you feel uncomfortable, nervous, stressed because you're in a place or situation that's not familiar," Joshua Klapow, a professor of public health at the University of Alabama, US, told HuffPost.

According to Klapow, the body reacts physically when it's placed in an unknown situation such as being separated from one's familiar surroundings for a long time.

"It's an evolutionary (进化的) thing that makes us protect ourselves from danger when something is unknown," he told the HuffPost.

"When we think about home, we know that the sense of unknown ... is not happening there, so we want to return."

So, how can we overcome these physical reactions?

Ruth Hardy of the Guardian offered advice for students who are feeling the effects of being away from the safety of home.

"Try and establish routines (常规) quickly. This can make your new environment feel more stable and will hopefully make you feel more settled," she wrote.

Making friends with others who are in your situation is also a great way to feel less homesick, according to Hardy.

The most important thing to remember, however, is that homesickness is completely normal and is nothing to be ashamed of.

And once it's gone, you're free to enjoy the adventures and challenges of a brand new school year.

62. The study by the UK's National Union of Students is mentioned to _____.

- ☒ A. show how homesickness causes harm to students
- B. prove it's common for students to feel homesick
- C. introduce some causes of homesickness
- D. show how all young people are troubled by homesickness

63. What can we learn about homesickness?

- A. It's only a feeling in our mind.
- B. It usually disappears after a few weeks.
- ☒ C. It has a physical influence on our body.
- D. It always happens once we visit an unfamiliar place.

64. According to Klapow, why is homesickness helpful to humans?

- A. It shows people the importance of their family.
- B. It drives people to get used to changes.
- ☒ C. It encourages people to express their feelings.
- D. It keeps people away from possible dangers.

65. How does Hardy suggest people deal with homesickness?

- A. Take part in as many activities as possible.
- ☒ B. Talk about your problems with your friends.
- C. Get into a routine as early as possible.
- D. Avoid seeing things related to your home life.

第二节(共5小题;每小题2分,共10分)

根据短文内容,从短文后所给A、B、C、D、E五个选项中,选出最佳选项,并在答题卡上将该项涂黑。

Teenage depression (抑郁) isn't just a bad mood. It's a serious problem that affects every aspect of a teen's life. 66 C Here are some ways of dealing with your depression.

Try not to isolate (使孤立) yourself

67 E Just getting out of bed in the morning can be difficult, but isolating yourself only makes things worse. Make it a point to stay social, even if it's the last thing you want to do.

Do any physical activity

Making healthy lifestyle choices can do wonders for your mood. 68 You can benefit from exercising, which will instantly make you feel better. Physical activity can be as effective as medications (药物治疗) for depression, so get involved in sports. Ride your bike, or take a dance class. Any activity helps! 69
70

Stress and worry can lead to depression. Talk to a teacher or people that you trust if exams or classes are making you anxious. Likewise, if you have a health concern you feel you can't tell to your parents, seek medical attention at a clinic, or see a doctor.

- A. Even a short walk can be beneficial.
- B. Ask for help if you're stressed
- C. But don't worry, you do have some control over it.
- D. Exercise has been shown to help with depression.
- E. You may not feel like seeing anybody or doing anything.

第四部分 选词填空(共10小题,每题1.5分,共15分)

阅读下列句子,根据句子内容填空。从方框中选出恰当的词或短语填入到下列句子中,并在答题卡上将该项涂黑。

- | | | | |
|-----------------------|-------------------|------------------------|-------------------|
| A. watch films online | B. make an effort | C. compare the quality | D. extra practice |
| E. took a seat | F. social media | G. fills my heart | H. a tough match |
| I. surf the Internet | J. set goals | | |

71. It was _____ but we won in the end.
72. I choose to _____ instead of going to the cinema.
73. Before Spring Festival, I often _____ to clean the house from top to bottom.
74. I like to _____ and the prices from different online shops before buying.
75. On a normal day, I _____ most of the time. Actually, I need more physical activity.
76. Our coach said we must have some _____ before the match.
77. He _____ by the window and started to read the paper.
78. To maintain a healthy social life, I'd like to see people in person instead of on _____.
79. It _____ with happiness to see my whole family together for the New Year.
80. I always _____ at the beginning of each term so that I know where I'm going.

第五部分 书面表达(共1小题,共20分)

根据题目所提出的具体要求,在答题卡上写出一篇连贯完整的短文,词数不少于60。
中国有多个传统节日,假设你是李华,请根据以下提示,挑选一个传统节日介绍给你的英国笔友 Tom,并欢迎他来中国参加庆祝活动。
提示:可以适当增加细节,作文开头已经给出,不计入总词数。

Name	Time	Activities
the Lantern Festival	on the 15th day of the first lunar month	go to the temple fair eat sticky rice balls ...
the Dragon Boat Festival	on the 5th day of the fifth lunar month	take part in the dragon boat race eat zongzi ...
the Mid-Autumn Festival	on the 15th day of the eighth lunar month	enjoy the full moon eat moon cakes ...

Dear Tom,

I am glad to know that you are interested in Chinese traditional culture from your letter.

Yours,

Li Hua

(请务必将书面表达写在答题卡指定区域内)