昌平区 2023—2024 学年第一学期高一年级期末质量抽测

英 语 试 卷

本试卷共12页,共100分。考试时长90分钟。考生务必将答案答在答题卡上 www.gao 在试卷上作答无效。考试结束后,将答题卡交回。

第一部分 知识运用(共两节,30分)

第一节 (共10小题; 每小题1.5分, 共15分)

阅读下面短文,掌握其大意,从每题所给的A、B、C、D四个选项中, 选出最佳选项,并在答题卡上将该项涂黑。

In 2022, my 4-year-old son, Tyler, needed to have a serious surgery(手 术). My wife and I took him to Children's Hospital.

There were a lot of worries in our hearts in the waiting room. When a nurse called us to the doctor's office, our __1_ only grew. A young doctor told us that he would perform the surgery and began to 2 what the process(过程) would be and all the risks of a surgery like this. My mind went to the __3__ possible result. I just couldn't help but feel like: What was I going to do if I 4 my son?

But he then did something that was very __5_. He looked us both in the eye, put a hand on each one of our shoulders and said, "Your son is my son." I will never 6 that because that sent a calm through me. What he said was very helpful and meaningful.

After the surgery, he _______ to us, looked us once again in the eye and said, "Our son is just fine, and you could see him here in a few minutes."

I can't tell you how __8 __ we both were for having him there and for what he said to us. I'll never forget that doctor. And to this day, anytime I have a chance to volunteer or donate to Children's Hospital, I'll make sure I'm one of the first ones in line. I hope that I have the ___9__ of seeing him again someday to thank him for his 10 words.

- 1. A. fear B. shame D. pride 2. A. imagine B. realize C. explain D. challenge

- 3. A. fastest B. latest C. lowest

4. A.	trusted	В.	lost	C.	scared	D	missed
5. A.	secret	В.	unexpected		strange		creative
6. A.			believe		doubt		forget
7. A.			walked up				drove up
8. A.			angry		opened up		
9. A.	•		choice		thankful		regretful
10. A.					sign		chance
	(共10小题:		sharp		boring	D.	simple
ヤー・ド	(对10/小觑:	世	小脚 1 5 分	 15	(\mathcal{L})		

阅读下列短文,根据短文内容填空。在未给提示词的空白处仅填写1 个恰当的单词,在给出提示词的空白处用括号内所给词的正确形式填空。 请在答题卡指定区域作答。

The Hangzhou Asian Games is a significant sporting event. It was held in 2023 in Hangzhou China. It <u>11</u> (bring) together top athletes from various (country) and regions to compete in a wide range of sports, showing the excellence and diversity of Asian sports. The design of the torch(火 (inspire) by the Liangzhu Culture. It presents to the world the unique creativity of Chinese design.

B

Paper cutting is one of the most popular Chinese traditions. We can see paper cutting works 14 walls, windows, doors, mirrors and so on. It is popular because it is cheap and easy __15_ (make). Paper cutting works are usually made of red paper. Red is the most popular color in Chinese culture. we need is simply a piece of paper and a knife or a pair of scissors. to be good at this art is not easy at all because it needs much practice and imagination.

Every day most of us can order and buy all sorts of items online, thanks to e-commerce platforms such as Taobao, JD and Pinduoduo. The number of people are taking advantage of this quite convenient form of shopping is great. Everything we order __19__ (come) to our door, including tasty food __20 packaged as fresh as it would be in the market.

-<mark>点通 (微信号:bjgkzx)</mark>, 获取更多试题资料及排名分析信息。 英语试卷第2页(共12页)

第二部分 阅读理解 (共两节, 38 分)

第一节 (共14小题;每小题2分,共28分)

阅读下列短文,从每题所给的A、B、C、D四个选项中,选出最佳选项,并在答题卡上将该项涂黑。

A

The end of the school year is often when we celebrate student growth. I know how important it is for students to look back at everything they've achieved.

Students don't always remember how far they've come over the year. When we praise students for their growth, we help them remember or see it themselves. This can help inspire them to continue learning. That's why I've written this letter to my fifth-grade students.

Dear Students,

I can't believe it, but we're coming to the end of our school year. Let's look back at all you've done this year.

I saw you learn to set goals, focus on learning, and find ways to deal with stress. I saw your confidence soar throughout the year. I saw you explore your interests and you taught me about the problems you care deeply about. I feel good knowing the world is in your hands!

As you look back at all of these achievements, here are a few things I hope you remember next school year.

- Lifelong learners ask questions. You've learned how to ask this year, so keep asking!
- Stay curious. You are so much more than what can ever be shown with a test score or a grade.
- Don't be afraid to make mistakes. Use mistakes as chances to learn and grow.
- Continue to get along well with your friends and teachers.

I can tell you how lucký I was to be your teacher.

Yours, Lily

I encourage you to write your own letter to your students. Personalize it for each student by adding a sticky note or a handwritten message to point out specific growth areas.

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- 21. The author wrote the letter to students because _____
 - A. it is a school tradition
 - B. she has much to tell them
 - C. they remember how far they've come
 - D. it can encourage them to keep learning
- 22. What does the teacher hope students remember?
 - A. To set goals.
 - B. To stay curious.
 - C. To deal with stress.
 - D. To build up confidence.
- 23. The passage is intended for
 - A. Teachers

- B. Parents
- C. Teenagers
- D. School leaders

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B

As a little boy, the first time I stepped into the Taekwondo dojang(跆拳道道场), I knew that I had discovered my interest. The physical training, mental focus, and spiritual development of Taekwondo drew me in, and I started a journey that would change my life.

My journey began as a White Belt filled with excitement. I was introduced to the basic skills, forms, and principles of Taekwondo. With each belt promotion (晋级), I faced new challenges. The training pushed me to test my limits and develop mental strength. Self-control became the most important part of my training. Early mornings and late nights were spent improving skills, perfecting forms, and pushing myself to the edge of tiredness. Taekwondo taught me valuable lessons, not just on the training floor but also in other areas of my life.

The path to the Black Belt was not without challenges. I experienced moments of frustration (挫折) and wanted to give up. However, it was during these challenging times that I discovered the power of determination (决心). With the support of my teachers and friends, I found the strength to push through the hard times. Each challenge became an opportunity for growth. Dealing with these challenges strengthened my desire to become a Black Belt and inspired me to keep

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pushing forward.

Beyond the physical and mental aspects, the art has taught me to treat officers with kindness. It has allowed me to face life's challenges with a calm and focused mind. Taekwondo has also taught me the importance of leadership, as I now have the opportunity to guide and inspire junior students on their own journeys.

Finally, after years of training and personal growth, I stand before you as a Black Belt. I have grown both physically and mentally, gaining valuable life skills along the way. As I continue my journey, I look forward to meeting new challenges and inspiring others.

- What drew the author in Taekwondo?
 - The support of teachers.
 - The interest in Taekwondo.
 - C. The hope to change his life.
 - The decision to start a journey.
- What is the most important during the author's training?
 - Α. Self-control.
 - В. Leadership.
 - A calm mind.
 - D. Determination.
- What do we know about the author?
 - He never thought of giving up.
 - His friends pushed him forward.
 - He is ready for new challenges in life.
 - D. His training was relaxing and meaningful.
- The author wrote this passage to _____.
 - describe the training process
 - B. express thankfulness to teachers
 - C. inspire others with personal growth
 - D. show the importance of friendship

Getting older often involves a series of challenges, such as cognitive(认知的) decline, late-life depression and social isolation. In a society that is aging fast, it has become important to find ways to promote successful aging to prevent and limit cognitive and emotional disorders. Music is a promising tool for improving cognition and promoting well-being.

Cognitive reserve(储备) is the mind's power to stop age-related brain damage. Research has shown that stimulating(令人兴奋的)life experiences are linked with higher power to prevent age-related brain diseases. Music is known to be cognitively stimulating and it could contribute to building such reserve throughout Music makes unique demands on our nervous system, like cognitive control. For example, lifelong musical expert knowledge and skills seem to reduce cognitive decline. However, it is not necessary to be a professional musician to benefit from musical training. Research shows that even short-term musical training strengthens cognition in the elderly.

The brain is built to change over our lifetime, which can be shaped by experience. Importantly, this happens over time and in response to a specific new skill. Research studies have identified structural and functional differences between the brains of musicians and non-musicians, especially in regions related to motor control and auditory processing. Evidence shows that even short-term musical interventions(干预) can promote brain plasticity and increase grey matter volume. Even passive music listening can result in improved cognitive abilities.

Music can open forgotten doors to our memories—such as weddings, school dances, and parties—with little cognitive effort. Music helps to recall all the memories that you have connected with a song. The "reminiscence bump" is used to describe enhanced memory for events that occur during adolescence(青春 期) and early adulthood that are often sharp. A song becomes a soundtrack for a particular time, such as during a summer hanging out with a specific group of friends.

Music has a great power to bring strong emotions and intense pleasure into your mind, thus changing mood. Music can be used as an aid for escaping from everyday life through imagination of your own memories. Moreover, musical

activities often involve social functions promoting social contact, cooperation, and a sense of belonging with others.

In sum, music is a powerful tool to fight against aging-related emotional and cognitive disorders. Music is also considered as a social activity, accessible to anyone regardless of background. So, this intervention should become a major policy priority for healthy aging.

- 28. What does Paragraph 2 mainly tell us about music?
 - A. The effect of music on musicians.
 - B. The benefit of music for cognition.
 - C. The power of music over loneliness.
 - D. The demand of music on nervous system.
- 29. The author uses "reminiscence bump" in Paragraph 4 to _____
 - A. introduce a topic
 - B. provide an opinion
 - C. compare with music
 - D. explain an argument
- 30. What can we learn from the passage?
 - A. Short-term musical training doesn't work.
 - B. The brain can't be influenced by experience.
 - C. Music can be used to limit emotional disorders.
 - D. Music is a powerful tool to fight against aging.

D

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Whenever anyone asks me what tech I'd like to see invented, I always say the universal translator, which lets you understand and speak any language.

Meta AI recently announced the start of the universal speech translator (UST) project, which aims to create AI systems that enable real-time speech-to-speech translation across all languages, even those that are spoken but not commonly written. Meta says that today's AI translation models are focused on widely-used written languages, and that more than 40% of primarily spoken languages are not covered by such translation technologies.

According to Meta, wheremodel is the first AI-powered speech translation 上京高考在线官方微信: 完善一点通(微信号:bjgkzx), 获取更多试题资料及排名分析信息 英语试卷第7页(共12页) system for the unwritten language Hokkien(闽南语), a Chinese language spoken in southeastern China. The system allows Hokkien speakers to hold conversations with English speakers, a significant step toward bringing people together wherever they are located.

To build UST, Meta AI focused on overcoming three important translation system challenges. It addressed data scarcity by getting more training data in more languages and finding new ways to use the data it had found. It solved the modeling problems that arise as models grow to serve many more languages. And it sought new ways to improve on its results.

Meta AI claims that the techniques it pioneered with Hokkien can be extended to many other unwritten languages—and eventually work in real time. For this purpose, Meta has released the Speech Matrix, a large collection of speech-to-speech translations, which enables other research teams to create translation models for other languages.

Artificial(人工的) speech translation could play a significant role in our world. For interactions, it will enable people from around the world to communicate with each other more smoothly, making the social net more interconnected. For content, using artificial speech translation allows you to easily localize content.

Yashar Behzadi, CEO and founder of Synthesis AI, believes that technology needs to enable more natural experiences if the digital world is to succeed. He says that one of the current challenges for UST models is the computationally expensive training that's needed because of the wide range and very slight differences in meaning or sound of languages. Also, to train strong AI models requires vast amounts of typical data. A significant bottleneck to building these AI models in the near future will be to ensure training data collect the privacy in agreement with rules and law.

- 31. What is the feature of the UST project?
 - A. It changes spoken languages to written forms.
 - B. It attracts wider attention to written languages in translation.
 - C. It adds 40% of spoken languages into translation technology.
 - D. It enables real-time speech-to-speech translation across all languages.

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- 32. What does the word "scarcity" underlined in Paragraph 4 most probably mean?
 - A. Lack.
 - B. Mistake.
 - C. Recovery.
 - D. Management.
- 33. What do we know about UST?
 - A. It is expensive to collect typical data.
 - B. It increases the use of a certain language.
 - C. Its techniques are finally developed for Hokkien.
 - D. It helps inspire interactions and content localization.
- 34. Which would be the best title for the passage?
 - A. AI Translation: Make Translation Faster
 - B. Al Translation: Meet You in All Languages
 - C. Unwritten Language: Bring People Together
 - D. Unwritten Language: Translation Challenge

第二节 (共5小题;每小题2分,共10分)

根据短文内容,从短文后的七个选项中选出能填入空白处的最佳选项,并在答题卡上将该项涂黑。选项中有两项为多余选项。

Over the past century, the average lifespan(平均寿命) in developed countries has increased by 30 years, from roughly age 50 to 80.

While lifespan is certainly an important measure of health and well-being, it is not the only one. 36 That is because it emphasizes the importance of not only living a long life but also living a healthy and productive life.

By a study based on the World Health Organization, an American who expects to live to 79 might first face serious disease at 63. 37 Indeed, aging is the biggest risk for cancer and heart disease. During the past 10 years, medicine has started to take a different way based on the biology of aging. The

focus should be on a longer healthy life rather than just length of life, and slowing aging is the tool to do it.

Lengthening healthspan starts with thinking about aging well overall, meaning putting physical health, mental health, and daily lifestyle all in one.

38 It can reduce stress and the risk of chronic health conditions.

For now, there are some familiar steps to extend healthspan: common-sense nutrition, sleep, exercise and social connection are the four main factors.

39 For example, regular exercise helps to prevent many diseases.

- A. Some disease is less linked with lifestyle habits.
- B. It also means taking ways to feel joy and connection.
- C. It is important to remember that aging is a natural process.
- D. Longer lifespans overall have been a public health success.
- E. That could mean he will live in sickness for at least 15 years.
- F. Healthspan is increasingly being known as an important idea.
- G. The reason those things work is that they improve the biology of aging.

第三部分 书面表达 (共两节,32分)

第一节 (共4小题; 第40、41 题各2分, 第42 题3分, 第43 题5分, 共12分)

阅读下面短文,根据题目要求用英文回答问题。请在答题卡指定区域作答。

In the 1950s and 1960s, people were widely using chemicals in agriculture, which polluted the food web and broke the eggs of Bald Eagles. Concern for the birds helped to pass the Endangered Species(物种)Act (ESA) on December 28, 1973.

The ESA is now 50 years old. It is a vital part of protection efforts in America, but it comes into play only when a species is nearly gone. There is much we can do to prevent our weak creatures from needing the act in the first place.

Recent studies have shown that the best way to protect species is to protect their habitats (栖息地), because it follows a sound, nature-based logic. People 注注表情等在线框影地),

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and progress depend on nature for large benefits. Compared to recovering a species, protecting habitats won't need to decide which species is the most serious case that should be treated first.

In January 2023, a bill named Recovering America's Wildlife Act (RAWA) was passed, which would provide significant funding for protection of wildlife habitat that supports species at risk. It basically modernized the Pittman-Robertson Act in 1937, one of the first species-protection acts in America. RAWA was one of the most important acts in wildlife conservation in decades providing \$1.397 billion to fund local and state efforts not only to help recover endangered species but also prevent at-risk wildlife from becoming endangered. While this funding has worked for decades, the accelerating (加速) loss of biodiversity requires a new way and more investment.

Protecting habitat doesn't just protect wildlife; it protects humanity. If the desire to care for our world is not enough, it's wise to remember that if you destroy your home, you destroy your life.

- 40. What is the disadvantage of ESA?
- 41. Why protecting habitats is better than recovering a species?
- 42. Please decide which part is false in the following statement, then underline it and explain why.
 - ► RAWA, a modern version of the Pittman-Robertson Act, mainly helps to save the species that are endangered.
- 43. Apart from protecting habitats, what else can we do to protect animals? (In about 40 words)

第二节 (20分)

假设你是红星中学高一学生李华。你的英国好友 Jim 正在策划一次以"阳光体育"为主题的社团活动,他发来邮件询问你的建议。请你用英文给他回复,内容包括:

- 1. 活动形式:
- 2. 活动内容。

注意: 1. 词数 100 左右;
2. 开头和结尾已给出,不计人总词数。
Dear Jim,

Yours,
Li Hua



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